SPEAKER PROFILE

DEREK McGILLIVRAY

The Spirit of Resilience



Keynote Speaker
Author • Medium • Coach

Helping people navigate change, rebuild confidence and create stronger human connections.

MEET DEREK

Derek McGillivray brings a deeply human perspective to resilience, trust and communication. His experience spans offshore union leadership, the loss of workmates, single parenthood, dyslexia, coaching and spiritual practice.

Through honest storytelling, Scottish humour and thoughtful reflection, he helps audiences recognise their value, find their voice and consider their next step.

His work as a spiritual practitioner informs his approach to listening, emotional awareness and finding meaning during challenging times.

SIGNATURE KEYNOTES

The Spirit of Resilience
Rejected, but Still Standing
Being Heard. Building Trust.

Professional • Spiritual • Combined programmes

PROFESSIONAL SPEAKING

Signature keynotes

Stories that open useful conversations about change, confidence and the way people work together.



01 · SIGNATURE KEYNOTE

The Spirit of Resilience

When Life Changes the Rules

Drawing on personal loss, offshore work and family responsibility, Derek explores the human impact of change and how people find strength, support and direction when circumstances are outside their control.

- Understand how change affects confidence and identity.
- Recognise the value of empathy, connection and support.
- Identify what remains within their control and a next step.

For: change and transformation events, staff conferences and workplace wellbeing.

02 · CONFIDENCE AND CONTRIBUTION

Rejected, but Still Standing

Through experiences of dyslexia, blacklisting and being underestimated, Derek explores how rejection affects self-belief and how people can recognise their value and contribute again.

- Reconsider the meaning attached to setbacks.
- Recognise strengths and question limiting assumptions.
- Build confidence to speak up and pursue opportunities.

For: inclusion, employee development, entrepreneurship and professional networks.

03 · LEADERSHIP AND COMMUNICATION

Being Heard. Building Trust.

Drawing on offshore union leadership, Derek explores how listening, clear communication and respectful decisions shape working relationships.

- Recognise behaviours that strengthen or damage trust.
- Approach difficult conversations with empathy.
- Help others feel heard and valued.

For: leadership, HR, management and industrial or operational organisations.

SPIRITUAL SPEAKING

Meaning, intuition and connection

A programme exploring spiritual intelligence and human connection, shaped around the audience and purpose of each event.

INSPIRATIONAL TALK

The Spirit of Resilience

A spiritual perspective on loss and change

Stories of loss, rejection and reinvention open a conversation about belief, meaning and the relationships that help people move forward.

Takeaways: reflection on personal sources of strength, connection and a constructive next step.

Format: inspirational talk, guided reflection and audience questions.

INTERACTIVE TALK OR WORKSHOP

Intuition with Discernment

Inner awareness with practical grounding

Derek explores intuition, emotional awareness and healthy boundaries: noticing impressions, questioning assumptions and recognising where personal responsibility begins and ends.

Takeaways: prompts for self-reflection, a thoughtful approach to self-trust and clearer emotional boundaries.

Format: interactive talk or experiential workshop.

SPIRITUAL EVENING

A Conversation with Spirit

Stories, reflection and mediumship

An evening combining Derek’s personal journey, spiritual reflections, audience questions and a clearly advertised demonstration of mediumship. Channelled material, where included, is presented as his spiritual interpretation.

Format: spiritual event or evening programme.

Suitable audiences: holistic festivals, spiritual organisations, retreats and personal development events.

BOOKING AND PROGRAMMES

Book Derek

One speaker. A programme shaped around your audience.

Professional

Keynotes on resilience, confidence, trust and communication for conferences, leadership events, HR programmes and business networks.

Spiritual

Reflective talks, intuition workshops and mediumship events for holistic communities, retreats and spiritual organisations.

Combined

An agreed programme bringing relevant elements together—for example, a resilience keynote followed by a workshop on reflection, intuition and self-trust.

Mediumship is included only when specifically requested and clearly advertised.

WHAT DEREK BRINGS

- Lived experience from working communities and family life.
- Deep listening and audience awareness.
- Warmth, Scottish humour and practical reflection.

BOOKS AND PROJECTS

Author of *A Happy Medium – Awakening Through Life's Challenges*.

Creator of Digital Derek. Developing *SI: Spiritual Intelligence in an AI World*.

Start a conversation

Discuss your audience, event and the change you want to encourage.

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